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The Middle Passage From Misery  
Hollis describes the Middle Passage as the breakdown of the "First Adulthood" (roughly from the teen years up to about forty), when the ingrained coping mechanisms of young adulthood finally break down against the realities of life history and its progression.

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The Middle Passage: From Misery to Meaning in Midlife by ...

The Middle Passage: From Misery to Meaning in Midlife asks the question, how do I arrive at knowledge about my true self? Hollis addresses changes that take

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place in the middle passage of life; how to  
redefine our feeling and our view of  
ourselves, and what is individuation.

## Analysts

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The Middle Passage: From Misery to Meaning in Midlife ...

The Middle Passage: From Misery to Meaning in Midlife. by. James Hollis, PhD. This course meets the qualifications for 7 hours of continuing education. BRN, CA BBS, FL, NAADAC, NBCC, TX SBEPC, TXBSWE. We are pleased and honored to offer a compelling course by James Hollis, PhD , a renowned lecturer, writer and Jungian Analyst.

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The Middle Passage by James Hollis,  
Ph.D

The Middle Passage presents us with an opportunity to reexamine our lives and to ask: "Who am I apart from my history and the roles I have played?" It is an occasion for redefining and reorienting the personality, a necessary rite of passage between the extended adolescence of the

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first adulthood and our inevitable appointment with old age and mortality.

## Psychology By Jungian

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The middle passage (1993 edition) | Open Library

We assume a reciprocity with the universe. If we do our part, the universe will comply. Many ancient stories, including the Book of Job, painfully reveal the fact that there is no such contract, and everyone who goes through the Middle Passage is made aware of it.” ? James Hollis, *The Middle Passage: From Misery to Meaning in Midlife*

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The Middle Passage: From Misery to Meaning in Mid-Life (Studies in Jungian Psychology by Jungian Analysts)

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Paperback – 1 Feb. 1993 by James Hollis (Author)

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The Middle Passage: From Misery to Meaning in Mid-Life ...

slavery: The international slave trade. ...the trip, known as “the Middle Passage ,” usually to Brazil or an island in the Caribbean, was a matter of a few weeks... Slaver captains anchored chiefly off the Guinea Coast (also called the Slave Coast) for a month to a year to trade for their cargoes of 150 to 600 persons, most of whom had been kidnapped and forced to march to the coast under wretched conditions.

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Middle Passage | Definition, Conditions, Significance ...

The Middle Passage did not begin with the



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transatlantic voyage, but with the capture and sale of Africans, and ended with their forced 'adjustment' to life in the Americas. It is one of history's most horrific chapters, showing the human capacity for both cruelty and insensitivity and strength and survival.

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Recovered Histories - The Middle Passage  
Middle Passage begins like the grinding of tectonic plates deep inside us. The self we were meant, begins to grate and grind against our provisional self. This tectonic grinding may begin long before one is conscious of it—boredom, loss of energy, premonitions, followed by depression, substance abuse, job changes, affairs—all mechanisms by which we run away from the deep underground pressures.

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## MISERY TO MEANING: FROM MISERY TO MEANING IN MIDLIFE

Confined with many people in hot space where there wasn't fresh air and spread bad scents and sickness. What do some slaves do to escape the misery of the Middle Passage? Some slaves chose to jump over the edge to drown and commit suicide. Why does Equiano blame the illness aboard the ship on the "improvident avarice" of the traders?

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The Interesting Narrative of the Life of Olaudah Equiano ...

The Middle Passage: From Misery to Meaning in Mid-Life (1993) Under Saturn's Shadow: The Wounding and Healing of Men (1994) Tracking the Gods: The Place of Myth in Modern Life (1995) Swamplands of the Soul: New Life in Dismal Places (1996) The Eden Project: In

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Analysis James Hollis - Wikipedia

The transit of the Middle Passage is a clash between the learned (acquired) personality and the demands of the real Self; the first must die and be replaced by the person one wishes to be. Although it can be a source of enormous anxiety, this death and rebirth is not an end, it is a transition in order to live one's full potential and arrive at the life-giving place of mature aging.

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Amazon.com: Middle Passage, The  
(STUDIES IN JUNGIAN ...  
The Middle Passage: From Misery to  
Meaning in Midlife James Hollis  
(Houston) ISBN 0-919123-60-0. Index.

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128 pp. 1993. \$25.00. Why do so many go through so much disruption in their middle years? Why then? What does it mean and how can we survive it? The Middle Passage shows how we can pass through midlife consciously, rendering the second half ...

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Inner City Books / Jung at Heart

It was unpleasant because they had to endure twice the misery and when the slaves died their voyages were ruined.

Document C: Slave Ship Doctor 1.

(Sourcing) Who was Falconbridge? How might his background have influenced what he wrote about the Middle Passage? He was a doctor on British slave ships during the 1780s.

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Document B Slave Ship Captain 1

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Sourcing Who was Phillips ...  
The Middle Passage NPR coverage of The Middle Passage: From Misery to Meaning in Midlife by James Hollis. News, author interviews, critics' picks and more.

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## The Middle Passage : NPR

The transit of the Middle Passage is a clash between the learned (acquired) personality and the demands of the real Self; the first must die and be replaced by the person one wishes to be. Although it can be a source of enormous anxiety, this death and rebirth is not an end, it is a transition in order to live one's full potential and arrive at the life-giving place of mature aging.

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